

I remember the day I exhaustedly laid my face down into my hands...

Desperately pulling my fingers down past my eyes, exposing a desk littered with coffee cups, snack wrappers and energy drink cans...

“Something HAS TO Change” I thought...

Sure I'd been through a tough divorce...

Spent X years in recovery...

And could recall a laundry list of terribly challenging moments in my life...

But THIS...

THIS felt like rock bottom...

You see just 1 night earlier...

I'd been woken up on my couch...

Not by a startling noise, or a frightening dream...

But by my X year old son...

Now it was bad enough that amidst my 60+ hour weeks as a mortgage banker...

Time with my boys often consisted of me rushing to get them fed, and shamefully hoping they'd just fall asleep...

But this was much worse...

I was literally squandering time with my kids that I'd never get back...

I was selfishly behaving more like a \$12 an hour sitter than a father...

So there I sat, the next morning at my desk...desperate for change!

I opened up Facebook, went to a profile I'd scoured countless times over the last 10 months...

Opened up messenger and typed "you don't know me, but I'd like to talk to you about your life"...

Not as weird as it sounds lol...

The recipient of that message was a woman named (FIRST NAME)...

Somehow connected through this digital world...I'd watch her life through Social Media like an envious spectator...

She was active...

And lived vibrantly, energetically, healthily, and happily...

Me on the other hand...

I changed pant sizes with the seasons...

Had a gym bag that never made it out of my trunk...

And not only needed coffee and energy drinks just to struggle through the perpetual exhaustion...

But I was failing as a father...

Didn't have the confidence to attract and keep a quality woman in my life...

And to put it mildly...I was incredibly unhappy....

I sure didn't think I could be like (FIRSTNAME)...

But any step towards a healthier, happier, more energetic life....was a step in the right direction...

I'm happy to say...

That single Facebook message would go on to change my life (and the lives of many others)...

After a brief convo (FIRSTNAME) told me she could

help me make a change in Nutrition that would not only help drop some excess weight...

But would drastically boost my energy, so I could better handle life's demands...

And she recommended a product...

Now I'd already tried every meal plan, fad diet, shake, and system under the sun (at best getting temporary results)...

So I wasn't jumping for joy about her suggestion...

But thankfully my desperation outweighed my skepticism...

Because not only did I lose the weight without starving myself or even hitting the gym...

But my energy skyrocketed...

No exaggeration...after just a few days I thought to myself what the heck is in this stuff lol...

The crazy part is...it was super healthy...none of the artificial garbage that's in most of the nutritional products and programs you see out there...

The change I experienced was so drastic that friends and even my mom asked me what the heck was

going on...

So they tried it like I did...and sure enough...

My friends had similar experiences...

And my Mom got such a boost that she's exercising again at the age of 71 and back to doing her own chores and property maintenance around the house...

But the best part of this whole experience is that I'm performing better than ever in my career and spending incredible time with my sons...

Just recently I did a beach run with them, and couldn't help but reflect on how much has changed thanks to this incredible nutrition program...

It's been so impactful that I feel like I've found my calling to help dads out there who are stressed, overweight, exhausted, or just know they could be living a healthier more energetic life...

So that's the mission I'm on!...

If you're a dad...and you know you could be showing up better for your job, kids, or yourself...

I'm beyond confident I have a solution for you...and I'm here to help!

If you're ready to lose weight and boost your energy...

Simply comment "ME" below, and I'll personally reach out and share the details of the nutritional program that changed my life!....

I can't wait to connect!